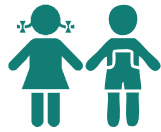


## FAST FACTS ON NUTRITION AND ITS DETERMINANTS IN HIMACHAL PRADESH

World Health Assembly Nutrition Targets



CHILDREN UNDER 5 YEARS

34.2%  
Stunted<sup>1</sup>10.1%  
Wasted<sup>1</sup>

World Health Assembly Nutrition Targets



55.2%

Infants 0-5  
months old who are  
exclusively breastfed<sup>1</sup>

17.7%

Children under  
3 years who have low  
birth weight (<2.5 kgs)<sup>1</sup>

44%

Women  
15-49 years old  
with anemia<sup>2</sup>

Immediate Determinants

61.8% Infants 6-8 months old who receive solid, semi-solid or soft foods<sup>1</sup>20.8% Infants & young children 6-23 months old who achieve minimal diet diversity in complementary feeding<sup>1</sup>58.6% Children 6-59 months  
old with anemia<sup>2</sup>5.5% Children 6-59 months old who  
had diarrhea in 15 days prior  
to survey<sup>1</sup>

Immediate Determinants

Underlying Determinants



43.4%

Children 6-35 months old  
who received supplementary  
food under ICDS for 21 days  
in the month prior to survey<sup>1</sup>

80.2%

Children 12-23  
months old who are  
fully immunized<sup>1</sup>

57.8%

Mothers of  
children under 36 months  
old who received three  
or more antenatal checkups<sup>1</sup>

52.7%

Currently  
married women with 10  
or more years of schooling<sup>2</sup>

9.8%

Women aged 20-24  
years who were  
married before the age of 18<sup>1</sup>

51.6%

Adolescent girls  
15-18 years old  
with low BMI (<18.5)<sup>1</sup>

21.8%

Households  
practicing  
open defecation<sup>1</sup>

8.1%

Population  
below  
state-specific poverty line<sup>3</sup>Does state have a  
high-level nutrition mission?

NO

Underlying Determinants

<sup>1</sup> Source : RSoC, 2014<sup>2</sup> Source : DLHS4, 2012-13<sup>3</sup> Source : Press Note on Poverty Estimates, 2011-12, Planning Commission, Govt. of India